

# RELEVANCE OF GURU TEGH BAHADUR'S PREACHING IN PRESENT DAY

"True realisation of the actual nature of this material world , its perishable , transitory , and illusory aspects best dawns on a person in suffering."

- Guru Tegh Bahadur

Guru Tegh Bahadur was born in Punjab in 1621 to the Hargobind Sahib , the sixth Guru. He was first named Tyagnal but later came to be known as Guru Tegh Bahadur Ji after participating in the war against the Mughals and showing bravery . He was trained in several skills such as archery and horsemanship . He also learned about classic Hindu literature including Vedas, the Upanishads , and the Puranas . He was one of the great spirits of the world.

Guru Tegh Bahadur travelled extensively in different parts of the country , including Dhaka and Assam , to preach the teachings of Guru Nanak, the first Sikh Guru . The places he visited and stayed in became sites of Sikh temples . During his travels, Guru Tegh Bahadur spread the Sikh ideas and messages , as well as started community water wells and langars . After his visits to Assam, Bengal and Bihar, the Guru visited Rani Champa of Bilaspur . There, Guru Tegh Bahadur founded the city of Anandpur Sahib in the foothills of Himalayas . In 1672, Tegh Bahadur travelled through Kashmir and the North - West frontier , to meet the masses , as the persecution of non- Muslims reached new heights .

"Whatever has been created shall be destroyed ; everyone shall perish , today or tomorrow."

The Sikh Guru wrote several hymns to Granth Sahib. His other works include 116 Shabads, 15 ragas, and 782 compositions which were also added to the holy Sikh Granth Sahib.

He wrote about a wide range of topics such as god, humans, relationships, the human condition, the body and mind, emotions, service, death and dignity. Guru Tegh Bahadur Ji showed the path of divinity to his disciples by teachings them to overcome greed, desire, ego and pain. So, we can say that Guru Tegh Bahadur ji was a great man who is famous for his teachings. Even at present, the name of the Guru Tegh Bahadur ji is written in golden letters.

### Relevance of Teachings and Preachings of Shri Guru Tegh Bahadur ji

- Master the art of self-control:- In order to become a master of self-control one needs to pass the obstacles and channel one's own senses to better self-controlling practices. These obstacles might be due to lack of knowledge and insight about self-control, one's own discipline, one's own willpower, one's own desire to change and strong emotional outbursts.
- To overcome Greed, Desire, Ego and Pain:- One of the most important teaching of Shri Guru Tegh Bahadur ji is to overcome greed because due to greediness some people are always saying me, me, me with very little regard for the needs and feelings of others. Envy and greed are two sides of the same coin because greed is a desire for more and more possessions may be wealth and power. This greed and desire further creates ego and pain in one's life.
- Be content with one's own life:- A particular individual wants to lead a satisfied life and this is possible when one is happy and satisfied with one's own life. Many time a

a particular individual tries to compare himself or herself with other person's individual materialistic achievements and keeping himself or herself disturbed about the same throughout his/her life. There is no peace of mind and life is full of frustration and hatred. So, according to the teaching of Shri Guru Tegh Bahadur ji one needs to learn the art of what one have needs to be satisfied with it.

- Material World is Perishable, Transitory and Illusory :-

Another important teaching of Shri Guru Tegh Bahadur ji is that the material world is perishable, transitory and illusory but it is very hard to understand the truth.

- Protect the ones who need protection even if it comes at the cost of one's own life :- One thing is very important in every-

body's life and the saying is we reap what we sow because each individual workhard to create personal wealth and wants to protect it. People normally do insurance to protect themselves as well as their family members from major financial loss. Through this Guru Tegh Bahadur ji is pointing towards the materialistic world where people needs to share their hard earned money needs to donate the poor people because if each individual does this than automatically protection of others will be taken care off.

- Omnipresence of the Almighty :- Sikhism follows and believes

that there is only one God. Even Shri Guru Nanak Dev ji prefixed the numeral 'Ik' (One) to the syllable Onkar in order to stress the idea of only one God because God is the Creator, Preserver & Destroyer.

## What one can take from the Teachings of Shri Guru Tegh Bahadur ji?

- 1) Empathy as the ability to sense other people's emotions which was rightly pointed by Shri Guru Tegh Bahadur ji, he rightly sense the problems of others thinking or feelings.
  - 2) Sympathy is feeling bad for someone else because of something that has happened to them.
  - 3) Sacrifice is one of the most important religious ceremony in which some or the other kind of object like cash, gold, silver, donations, etc. Is offered to spirituality in order to establish a better relationship of a human being to the holy and sacred order.
  - 4) Egalitarianism means believing that all people are equally important and should have the same rights and opportunities in life but is it so because we all are fighting in the name of religion, caste or sub caste, language, state and so on.
  - 5) Community service which means service to man is service to god.
  - 6) Sharing is one of the most important concept which practice in the form of langar.
  - 7) Last but not the least, participation in taking up such activity. Today everyone is busy in one way or the other way.
- We all human beings needs to follow these teachings of Guru Tegh Bahadur ji, which would definitely help the entire society of human beings. We all understand the importance of the teachings of Shri Guru Tegh Bahadur ji than the entire human being.

So, in real sense Shri Guru Tegh Bahadur ji's teachings are really influencing the people in the past, present and future. Even the coming generation needs to understand these teachings of him.